



Gear List: Rock climbing, Via Ferrata and Abseil

Please come with the following items for your trip:

- Suitable footwear (running shoes/hiking boots)
- Warm clothing (if cold)
- Waterproof jacket
- Hat/sunscreen (hot days)
- Gloves (cold days)
- Water
- Snacks/lunch (full day trips)
- Camera (optional)

All other technical equipment will be provided.