



Gear List: Mountaineering

Please come with the following items for your trip:

- Waterproof jacket
- Waterproof over trousers
- Warm outer shell jacket (soft shell)
- Warm mid layer top (fleece)
- Base Layer top (thermal)
- Base layer pants (long johns)
- Mountaineering boots- must have a full shank and ankle support
- Woolen socks
- Wooly hat
- Warm waterproof gloves
- Gaiters (if have)
- Sunglasses
- Sunscreen
- Water
- Backpack
- Lunch/snacks
- Camera (optional)

Please note: no cotton to be worn.

If you do not have some of the items listed please contact us and we will provide information about where to source them.

All other technical equipment will be supplied.